

# WOMENZONE

CONNECTING LESBIANS ACROSS WALES

Issue 64 March/April 2010

## Women Inspiring Women

Monday 8 March Bridgend

Chwarae Teg is holding an event to celebrate International Women's Day. At the Women Inspiring Women event 6 guest speakers from a range of different backgrounds and professions will be sharing their sources of inspiration that have helped them to successfully unlock their potential in their chosen fields.

They include Tessa Sanderson CBE, British Olympic Gold Medallist and Bethan Jenkins, Wales' youngest AM. 30 places have been allocated for women who would like to attend. These will be allocated on a first come first served basis. To apply for a place at the event please email [cory.hughes@chwaraeteg.com](mailto:cory.hughes@chwaraeteg.com) as soon as possible.

## Gutsy Women Wanted!

Swansea Women's Centre is entering a critical period in its history. Yes, the women who keep it going have been through hard times before — but now things are really desperate. With the financial cutbacks and a bleak outlook for many voluntary organisations, times are harder than they've ever been. The SWC is still getting some support but is in need of women with time to volunteer, women with ideas, women who can help raise money to keep it going...and of course any donations you can spare. Please, please help if you can. Donations can be sent to Swansea Women's Centre, 25 Mansel Street, Swansea SA1 5SQ. Email [angelatristram@hotmail.co.uk](mailto:angelatristram@hotmail.co.uk) if you have ideas or want to know more. Or phone 01792 411119.

**WomenZone started as a project at SWC and they still support us. Now it's time for us to support the centre.**



## Kelly McGillis comes out on Woman's Hour

Apparently Kelly came out as a lesbian in the USA last year, but I heard it first on *Woman's Hour* a couple of weeks ago. She'd appeared in *The L Word* which should have been a clue. So, continuing my series on lesbians in the limelight, here she is. You'll probably remember her best as Tom Cruise's girlfriend in *Top Gun* or the Amish woman in *Witness*: and in 2000 she starred in a rather unsatisfactory thriller called *The Monkey's Mask* in which she played a killer lesbian. If anyone else knows of famous lesbians I haven't yet heard about yet, please let me know.

## Million Women Rise

Calling All women!

March to protest against male violence

Saturday 6 March  
Meet at noon at  
Park Lane, Hyde Park

March with other women down Oxford Street and Piccadilly to a rally at Trafalgar Square. Million Women Rise is an annual protest against the violence experienced in the UK and around the world by women and children.

If you believe that women have the right to live lives free of male violence and the threat of violence, then join the march.

For more information go to [millionwomenrise.com](http://millionwomenrise.com)



Look out for...

International Women's Day events, page 4.

Linda's Birthday Ceilidh. 24 April in Cardiff. Happy Birthday, Linda!  
Page 3

Cardiff Feminist Festival  
Hannah is organising it in the summer. Find out more on page 5.

Loads of walks on page 7.

Naked wonky women, page 9.

The Kids Are All Right.  
Julianne Moore and Annette Bening are lesbian parents on page 8

The Secret Diaries of Miss Anne Lister  
BBC Two drama about a real-life Victorian lesbian.  
Page 9

Have a Whale of a time!  
Friday 19 March, 7.30pm  
Townhill Theatre  
A performance of Whale Music to raise money for Swansea Women's Centre. Please support it if you can.  
Page 3 for details.

Cork Women's Fun Weekend  
First May Bank Holiday.  
The Swansea-Cork ferry is back and the Irish women are waiting... page 3

A night of films made by women. Pontardawe, Saturday 6 March.  
Page 4

## Regular groups and events

### Women4Women

We are open to women defining themselves as lesbian, and who are committed to anti-discriminatory principles. Social meetings are held on the first Saturday of every month at **The Quaker Meeting House, Charles Street, Cardiff 3-7pm**. (Tea and coffee provided but please bring food to share). £1 donation and £1 for using the car park. Please note that all workshops start at 3.15pm prompt.

#### Saturday 6 March

"It's all one breath" - a brief workshop exploring our interconnection and our energy bodies.

#### Saturday 3 April

Come and line dance to Mamma Mia! A fun afternoon guaranteed.

#### Saturday 1 May

Our 17th Birthday Party. We hope that past as well as present members will come and join the celebrations.

#### Friday 15 June

Midsummer Madness disco, County Hall, Cardiff Bay.

Also check our website [www.olnwales.org.uk](http://www.olnwales.org.uk)  
FFI e-mail us at [W4Wwales@yahoo.co.uk](mailto:W4Wwales@yahoo.co.uk) or call

### Lesbian and Gay Christian Movement

Open to Christians and friends. Meetings are held around South Wales

#### Friday 5 March

Cawl a chân (Soup and Song), folk evening to celebrate St David's Day, in Cross Hands.

#### Sunday 14 March. 6pm

Gymanfa Ganu at St Illtyd's Church, Llantwit Major for Mothering Sunday

#### Friday 19 March

Bridgend: Lenten meditation

#### Friday 9 April

Tim's experiences in Freetown, Sierra Leone

#### Friday 23 April

Newport: easter communion

#### Friday 7 May

An audience with Rev Sharon Ferguson, head of national LGCM – phone for details of the venue.

For further info phone

### OLDER FEMINIST NETWORK

The OFN is open to all women who are feminists. 'Old' is self-defining. Meetings held alternately in Penarth (Cardiff) and Swansea on the third Saturday of the month. 3pm for 3.30 start. Bring food to share.

#### Saturday 20 March, Penarth

*The impact on women of the party manifestos*

#### Saturday 17 April, Swansea

*Women dealing with climate change in other countries*

#### Saturday 15 May, Penarth

*So you think we've got equality?*

Contact

### In the Abergavenny area?

Women wishing to socialise with other Lesbians in the Abergavenny and surrounding areas are welcome to email [cdecasparis@hotmail.com](mailto:cdecasparis@hotmail.com)

*Please note: we don't have a telephone number for this contact, which has evolved from the GALS group. Any woman who is interested but concerned about contacting via email can call*

### All-Wales LGBT Cymru Helpline

Freephone 0800 0232201

Mondays + Wednesdays 7 - 9pm

[www.lgbtcymruhelpline.org.uk](http://www.lgbtcymruhelpline.org.uk)

A confidential support service provided by trained volunteers. As well as the freephone telephone service you can also email your problems and participate in on-line forums. Donations and new volunteers always welcome.

**SPLAGWales** is an organisation supporting and informing parents, friends and families of gay people. If you have friends or family members who might like to meet others in a similar situation, SPLAG can be contacted at [www.SPLAG-Wales.org.uk](http://www.SPLAG-Wales.org.uk) or by calling the helpline on **0845 652 0321** and **0845 652 0322**.



**NEED SOME MORE SUPPORT?**  
**08000 50 20 20**  
Stonewall's free info line can point you in the right direction.  
LOTTERY FUNDED

Check out our website: [www.womenzonewales.co.uk](http://www.womenzonewales.co.uk)

## Places to go, things to do



### Femme Fatale

Friday 5 March

A club night for the women of Cardiff for International Women's Day. A night for women in Cardiff with a range of different music from

chilled to 80's to cheese to indie! You can bring your male friends (each man must be accompanied by one woman).

**10pm til 3am**

**£4 entry**

@Undertone, 10 Feet Tall (basement),

11a - 12 Church Street, Cardiff CF10 1BG

### Have a Whale of a time raising funds for Swansea Women's Centre!

Friday 19 March 7.30pm

Townhill Theatre, Townhill Campus,  
Swansea Metropolitan University

Third year performing arts students at Swansea Metropolitan University are raising awareness of the Swansea Women's Centre with their performance of Anthony Minghella's *Whale Music*. The Women's Centre has helped the all-female cast with research material for the play and have been very supportive of the project. The performance at the Townhill Campus will be followed by a fundraising event at 8:30pm in the Metro Bar, next to the theatre, to raise much needed money for the Centre. Students will be singing and there will be a raffle. Written by Oscar-winning film director Anthony Minghella (*The Talented Mr Ripley*, *The English Patient*, *Cold Mountain*), *Whale Music* celebrates the strength of a group of women joining together and explores the attitudes of women today.

Tickets are available from Beth Jones at the Townhill Theatre Box Office. Email [beth.jones1@smu.ac.uk](mailto:beth.jones1@smu.ac.uk) or call 01792 482 054.

### Surf Camp 2010 Fri 2- Sun 4 July Hill End campsite, Llangennith

Yes, we know it's early but women are already wanting to know the date for their diaries.

### Daytime Dykes

Daytime meetings for visits to places of interest, exhibitions, concerts, culture and usually lunch.

#### Wednesday 17 March 12 noon

Meet in the National Roman Legion Museum, High Street, Caerleon. We will have lunch/coffee in a local cafe and explore the museum and Roman amphitheatre (both free)

#### Tuesday 13 April 12 noon

Meet downstairs in the Ex-Service Mens' Club. Charles Street, Cardiff (opposite the Quaker Meeting House) to play skittles, followed by lunch/coffee nearby.

#### Monday 10 May 12 noon

Meet at the cafe beside the car park at Dyffren Gardens near Cardiff for lunch/coffee followed by a walk round the gardens (entry fee £6/£4)

Phone

### Cork Womens Fun Weekend May Bank Holiday weekend

Now the Swansea-Cork ferry is back in operation, attending the Cork Womens Fun Weekend is not just a tempting idea but easy! As usual the gals at Lesbians in Cork (LinC) are slow getting the details out, but if you Google in the next few weeks you should be able to find out more. In the past there have been parties and dances held on Friday, Saturday and Sunday nights, with walks, football, social events and the infamous quiz to win the prized Barbie doll. Cork's a lovely city and the hospitality is legendary...

### Linda's Birthday Ceilidh

Saturday 24 April

8pm-12.30am (arrive by 10pm)

County Hall, Cardiff

Most people know Linda. She used to be the leader of Boots and Boobs walks, and she also ran the Ponty Discos. In March this year she is getting her bus pass and is inviting you all to a CEILIDH to prove there's life in the old girl yet (her words!). Anyone who brings a present or a card will NOT be admitted! But we will be behaving a collection towards the cost of the night.

Staff Canteen and Bar, County Hall, Atlantic Wharf, Cardiff Bay, CF10 4UW  
Music for the ceilidh is from Veronica Partridge - last seen at Darlene's birthday ceilidh in Pennard. You practiced there, now come and show off your moves! Lots of room for dancing!

*How to find Linda's do* : Enter County Hall grounds by main entrance and turn Left. Keep going anti-clockwise round the building until you reach the door labeled South Glamorgan County Club. If you enter by the side entrance, just turn left and you're there. Look out for the balloons, but don't tell Linda about them!

### Thursdays 18 March + 15 April

### Wrecked in Aberystwyth

Regular shindig on the third Thursday of every month from 7pm. Wrecked is a heady mixture of fascinating conversation, cheap drink and badly-played pool on a slightly warped table. We're friendly, we're all ages, and where else you gonna go? Contact [aberevents-owner@yahoogroups.com](mailto:aberevents-owner@yahoogroups.com) or check WRECKED Facebook group.

**Something to say? Email us at [womenzone@hotmail.co.uk](mailto:womenzone@hotmail.co.uk)**

## International Women's Day Events

**Saturday 13 March**

### Women's Party for Women's Day

*Celebrate Women's Day with Dance,  
Music and Food*

**7-10 pm Swansea Museum (the old museum)**

The Brecon Belly Dancers

Swansea Launch of the Wales Women's Nation

Coalition anthology of women's writing:

The Voice of Women in Wales

CHILDREN: free childcare for the young

TEENAGE BOYS: free trip to the cinema

COST: free; transport reimbursed

FFI call **Amel 0786 1424 249** or

**Jeni 0752 8943 833**

**Saturday 6 March**

### FABRIC, PAPER & STITCH WORKSHOP

**10 Feet Tall, 11a - 12 Church Street, Cardiff CF10 1BG**

**2pm-4pm Free entry**

Creating fabric flower accessories, purses & fabric/paper decorated cards designed to your choice. Discover numerous ways of using fabric and stitch to create funky accessories, using a range of fabrics, papers, beads and buttons. To register interest in workshops or for any queries please email: [iwdcardiff@googlemail.com](mailto:iwdcardiff@googlemail.com)

**For other IWD events check out  
[www.cymruwomen.org.uk](http://www.cymruwomen.org.uk)**

**Saturday 6 March Pontardawe**

### Women Create

Women Create! is a group of women based in south Wales who work in the creative arts. Whether you're already involved in the arts, or want to try something out perhaps for the very first time, there will be a warm and friendly welcome for everyone.

Activities include:

Bookmaking; Papercraft; Weaving; Dancing; African Drumming; Liberate your Voice; Gong bath for relaxation; Creative writing; Spoken word and music performances; Open Mic for spoken word and musicians (sorry, acoustic only due to time limitations); Stalls for shopping

All workshops will be run by women, and all performances (including Open Mic) will be by women. A great opportunity to meet other women and try out lots of different arts activities. But most of all - COME AND ENJOY YOURSELF!

Pontardawe Arts Centre, Herbert Street, Pontardawe SA8 4ED

Entrance fee is £3 and includes entrance to all activities and tea/coffee throughout the whole afternoon, 2.00 pm - 5.00 pm. (Doors open 1.45pm).

We welcome women to bring their children.

Contact Tracy on [tracyifans@gmail.com](mailto:tracyifans@gmail.com) or **01656**

**670018** for stall bookings and full workshop schedules.

**Saturday 13 March**

### CELEBRATE WOMEN'S DAY WITH WOMEN FRIENDS!

Swansea Women's Asylum Support Group.

Women everywhere are different ... and yet the same.

We all think and dream and struggle to have good lives.

We can talk - share stories for women's day. 10.30-1.30

Venue: Swansea Museum (the old museum)

Free; transport reimbursed

FFI call **Amel 0786 1424 249**

**Jeni 0752 8943 833**

**Monday 8 March**

### Performance: lunchtime and evening

Shirley Ann Owen, Kay Keogh.

On Screen Maria Hayes, Jean Walcot and Adeola

Dewes. Miranda Betts - dance. Heather Summers -

music + images on screen

**Wales Millenium Centre, 0870 040 2000**

<http://www.wmc.org.uk>



**Saturday 6th March 2010**

### Frame by Frame

Women's Arts Association is celebrating International Women's Day with an exciting programme of films by contemporary female filmmakers, animators and artists. We're screening eight films across a range of genres, styles and subjects and all the filmmakers will be on hand to answer any questions.

From hand drawn animation to narrative fiction, from the womb to village life in Zambia, this event will take you through the lens to all sorts of unexpected places. Come along, have a drink and enjoy the journey. Join us for networking drinks and nibbles from 6pm!

Film screenings start from 7pm.

Pontardawe Arts Centre, Herbert Street, Pontardawe SA8 4ED

**£5 6-9pm**

**01792 863722**

**Something to say? Email us at [womenzone@hotmail.co.uk](mailto:womenzone@hotmail.co.uk)**

## Lots of feminist stuff!

### Women's Lib: 40 Years On

Ruskin College, Oxford 12-13 March 2010

40 years after the first Women's Liberation Movement conference in the UK, Ruskin College is hosting a conference about contemporary feminism. Keynote speakers confirmed so far include Sheila Rowbotham, Bea Campbell, Kristin Aune and Catherine Redfern. There will be papers, panels, workshops and creative sessions (radical cheerleading and guerrilla knitting have been mentioned). Go to [www.wlm40conference.org](http://www.wlm40conference.org) for all the info you'll need.

### BREAKING THE WAVES – CARDIFF FEMINIST FESTIVAL 2010

Organisers, performers & participants and ideas needed!

Hannah writes: I've been thinking of organising a "3rd wave" feminist event in Cardiff for a while. There have been some similar events across the UK (e.g. 'Feminism in London') but as far as I know, this would be the first event of its kind in Wales. I think it would be great if we could have a national event to provide a platform for people to talk about their activism, and a space for discussion, expression, networking, mobilising etc, with the aim of uniting the current feminist movement in Wales.

However I think the model of "waves" - 2nd / 3rd wave - can be a bit divisive and reinforce the generational divide, hence the working title "Breaking the Waves". It would be great if this event could provide a platform for 3rd wavers to discuss their own experiences and activism while also providing a platform for intergenerational dialogue between older and younger feminists. I think we could make it a weekend-long affair with discussions, talks, workshops etc. in the daytimes and music & arts performances/parties in the evenings. It could be fun!

Basically, I need help!! I think it could be amazing and I know lots of people are interested. If you'd like to be involved - as an attender or an organiser - please join the group & spread the word.

Contact [hannah.austin1984@hotmail.co.uk](mailto:hannah.austin1984@hotmail.co.uk) (website to follow soon)

Facebook group: Breaking the Waves – Cardiff Feminist Festival

### U. A. Fanthorpe: a weekend exploring her poetry

**WomenZone** published U. A. Fanthorpe's obituary last year. Fans of her poetry may be interested in a course offering the pleasure of a weekend in August (20th – 22nd) spent exploring her poetry. The course is tutored by Rosie Bailey, U. A. Fanthorpe's partner for 44 years and a respected poet in her own right. And Stevie Krayner, also a published poet. The course is being held at Woodbrooke, a Quaker study centre in Birmingham, within walking distance of Bourneville Model Village and Cadbury World. The course is open to anyone and the accommodation, food and gardens are recommended. FFI call **01214 725171** or email [enquiries@woodbrooke.org.uk](mailto:enquiries@woodbrooke.org.uk)

#### Skittles night

Wednesday 12 May

Wednesday 9 June

Women4Women had a very successful skittles evening in January. The trick I was told is to "aim for the hole"! It worked. So we organised more skittles evenings in Charles St. Cardiff on the 2nd Wednesday of each month at 7pm. The first date is 12th May but before that on 13th April we have lunchtime skittles at the same venue – see Daytime Dykes. FFI phone

### Have Your Say On Services in Caerphilly

Shelter Cymru are looking into equality and diversity in Caerphilly and want to hear from LGB service users about your issues and experiences.

We wish to interview people in the LGB communities regarding your experience of (1) the services provided in your local area, (2) how services interact with you, (3) any dealings with the Communities First team, and (4) examples of good practice in the provision of services and areas of weakness that could be improved.

If you'd like to find out more please contact Megan Evans at Shelter Cymru. Telephone: **02920 556120** or Email: [MeganE@sheltercymru.co.uk](mailto:MeganE@sheltercymru.co.uk)

#### Serena & Sarah

We met you on a stormy Sunday morning in November at Caswell Bay. You two and us were walking our dogs. We have 2 pugs and a Jack Russell cross. If you would like to meet up again for a weekend walk followed by breakfast, please phone

### Parenting Group p2bmums

p2bmums is a social and support group for lesbian parents and their children. Women trying to start a family are also very welcome. Visit the website to find out about our meetings, what's happening and what we've been up to. If you'd like to get in touch then email us at: [hello@p2bmums.co.uk](mailto:hello@p2bmums.co.uk) - we'd love to hear from you! Website [p2bmums.co.uk](http://p2bmums.co.uk)

### Swansea Women's Centre

Free legal advice for women

Lindsay Broom, who's a solicitor with Peter Lynn solicitors, is offering free consultations on the first Friday of every month, 10am-12 noon at Swansea Women's Centre. You need to book a slot with her in advance. Phone her on **01792 450017** to book.

Want to subscribe! Details on page 6

## Cardiff Cafe Night

Chapter Arts Centre 7.30pm  
Cardiff, CF5 1QE

**Wednesday 17 March**  
**Wednesday 21 April**

On the 3rd Wednesday of the month from 7.30 pm women gather at Chapter for food, drink, a chat and sometimes a film. Come and make new friends.

**Ann** can't guarantee to be there but will remain as contact for the group. If you want to find out more about the event call her on

### **Want to subscribe?**

You can receive WomenZone free as an e-newsletter. Just email [wzsubscribe@yahoo.co.uk](mailto:wzsubscribe@yahoo.co.uk) asking to be added and we'll send you regular issues. If you'd like it sent in the mail (plain brown paper envelope) please send us your name and address and a cheque for £5 made out to WomenZone. Send it to WomenZone, Swansea Women's Centre, 25 Mansel Street, Swansea SA1 5SQ and we'll add to you to the mailing list.

## Launch of "The Voice of Women in Wales" Anthology

**Wednesday 10 March, 6-8pm**  
**County Hall, Cardiff**

You're invited to the launch of a new collection of writing by women in Wales. Sponsored by Chwarae Teg and Cactus Design Ltd.  
18.00 – 18.15 – Refreshments  
18.15 – 18.30 – Julie Lydon, Vice Chancellor of the University of Glamorgan  
18.30 -18.35 – Gillian Clarke, National Poet For Wales  
18.35-19.00 – Views from the judging panel; Dr Jeni Williams, Shelagh Weeks, Jo Verity and Sarah Edmonds  
19.00 – 19.30 – Questions to the Panel  
19.30 – 7.45 – Readings from entrants  
7.45 – 20.00 – Refreshments  
To book a place contact **Suzy Barrett** on **029 2047 8918** or [suzy-barrett@wwnc.org.uk](mailto:suzy-barrett@wwnc.org.uk)  
We look forward to seeing you there!

Now we know you're probably sick of the General Election before the date has even been announced, but we thought this was worth knowing... The Greens have become the first and only political party to officially support an end to the ban on civil partnerships being conducted in places of worship. The new Green Party policy would allow gay-affirmative churches, such the Quakers, Unitarians and Metropolitan Community Church, to host civil partnership ceremonies for the first time. They are currently prohibited by law from hosting religious civil partnerships.

## Swansea Cafe Night

The Chatterry, 59 Uplands Crescent, Swansea  
01792 473276

*Every 2nd Tuesday of the month, from 7.30 - 11pm, women take over the Chatterry for the night. There are good, home-made meals and a licensed bar till 11pm. If you're new in town or looking for a friendly place to go, this is it! Ask for Julia or Dee if you're new, and they'll welcome you. For directions, call or google the Chatterry or email Alex at [thechatterry@hotmail.com](mailto:thechatterry@hotmail.com)*

**Tuesday 9 March**

International Women's Day Quiz for those who want to participate.

**Tuesday 13 April**

Chill'n'chat.

## Pontypridd Café Nights

Come and join us for some friendly banter & laughs, a few drinks and a great curry with a free drink if you're hungry (other meals available too at very reasonable prices) on every 1st Thursday of the month on the following dates:

**Thursday 4 March, Thursday 1 April. Thursday 6 May**

@ Wetherspoons "The Tumble Inn" opposite Pontypridd Train Station from 7.30pm onwards. Please contact or email [hafren13@yahoo.co.uk](mailto:hafren13@yahoo.co.uk) if you'd like more info, directions or just want to make contact beforehand. Everyone welcome! Hope to see you there.

## Cardiff Sunday Breakfast

**Ernest Willows pub, City Road 11am**

The Cardiff Breakfast Club meets on the 1st Sunday of the month at the Ernest Willows pub (Wetherspoons), City Road, Cardiff. Join us for a tasty breakfast and of course stimulating conversation and stunning company! Bus routes 8 or 9 to The Parade stop on City-Road.

Next dates **Sunday 7 March, Sunday 4 April, Sunday 2 May.**  
Contact

## Need a good DJ?

If you've ever tried organising an event you'll know how difficult it is to find a good, reliable DJ. W4W got lucky when they found DJ Alice, who played at their Christmas event. She was a last-minute replacement for a DJ who let them down after being booked months in advance. Now, many people would want to keep her number a close-guarded secret, but they want to share her. So if you're looking for a DJ for an event, call Alice on and see if she's free.

## WALKS AND MORE



Women-only walks on the first Sunday of the month. Bring boots, waterproofs, spare sweater, plenty of drinks, lunch and snacks. If you'd like to bring children or dogs, please call walk leaders for more info. To minimise risks, every walker is responsible for herself and any children, dogs or friends she brings along.

### **Sunday 7 March, 11am Kenfig Burrows, near Pyle / Bridgend. 6 miles**

An easy walk through the sand dunes to include the elusive ruins of Kenfig castle. Meet at the Visitor Centre at Kenfig. GR 803 811  
*Directions:* from Swansea: M4 jcn 38 onto A48; turn right onto B4283 for about 2 miles. Turn right at crossroads to Kenfig.

From Cardiff: M4 jcn 37 onto A4229 (signed Porthcawl) for about 1 mile. Past South Cornelly turn right to Kenfig.  
Phone on the day.

### **Easter Sunday 4 April, 12 noon Afan Argoed Country Park, 5/6 miles**

Route by riverside, woodland and ruin of 18th century chapel. Steepish climb to ridge with views over the sea.

Meet by the Visitor Centre (refreshments!) at Afan Argoed. Car park charge. SS 821 951

*Directions:* M4 jcn 40; A4107 for 6 miles, following signs for Cymmer and Afan Forest Park.

Phone

### **Sunday 2 May, 11am**

#### **Sgwd yr Eira waterfall from Penderyn, 6 miles**

Exploring river, valley and moorland as well as the fantastic waterfall.

Meet at the Lamb Inn, Penderyn, on A4059 just north of Hirwaun. GR 947 089

Phone

### **If you plan to come on any of the walks, please read the information *carefully* beforehand.**

Some of the walks start at 11am, some start at 12 noon. This may help some leaders and walkers who like a bit of a lie-in on a Sunday.

Some of the walk leaders ask you to tell them beforehand that you are coming. And as leaders are like gold dust, let's do so.

Some walks will take place on a different Sunday in the month, later on this year. This may avoid events clashing, and result in more women walking. Come and enjoy our beautiful countryside! Gail

## Gay Outdoors Club

Mixed male and female walking group. Nice to see some old friends in the photo! They're a bit vague about meeting points, times and dates

### **Saturday 6 March**

#### **Llanganmarch Railway Station Walk**

Circular moderate walk of 6-7 miles. Thanks to an eagle eyed member for clarifying a few points regarding the train journey. The 09:16 from Swansea to Llanganmarch actually starts its journey in Cardiff at 08:09. In order to meet other travellers in the rear of the last carriage from Swansea, please remember that the train re-



verses at Swansea. The place to be between Cardiff and Swansea is the front portion of the first carriage. The train reverses again at Llanelli so if you're joining at Llanelli, Pontarddulais or other stations en route you will, once again, have to be in the first carriage. If all of that is confusing, just walk up & down the train & look out for other likely GOC people! Full details [www.goc.org.uk/events/details/llangammarch](http://www.goc.org.uk/events/details/llangammarch) or [westwales@goc.org.uk](mailto:westwales@goc.org.uk)

### **Sunday 28 March**

#### **Oxwich, Gower Peninsula**

8.5 mile circular walk taking in country lanes, an old mill, pastureland, heathland, a field of daffodils, a rustic country pub, a woodland dell, dunes & finishing up on a sandy beach. Full details:

[www.goc.org.uk/events/details/oxwich](http://www.goc.org.uk/events/details/oxwich) or email [westwales@goc.org.uk](mailto:westwales@goc.org.uk)

### **Sunday 4 April**

#### **Preseli Ridge, Pembs, midway between Haverfordwest & Cardigan E**

xhilarating eight mile ridge walk follows a track along what was once a major route between England & Ireland.

Magnificent all round views can be enjoyed for relatively little effort as the walk starts from a car park high up in the Hills. At the end of the walk, there is the option of stopping for a drink (food not available) at the nearby Tafarn Sinc in Rosebush, a well known hostelry renowned for its railway memorabilia and is full of character. Its even got sawdust on the floor! Possible lifts/car share arrangement. [www.goc.org.uk/events/details/preseli](http://www.goc.org.uk/events/details/preseli) or email [westwales@goc.org.uk](mailto:westwales@goc.org.uk)

## Holidays and services

### GREEN HOME WALES

Specialising in energy efficiency and alternative solutions. Solar specialists, Air Source Heat Pumps, Underfloor heating, Energy Efficient Gas Boilers, Everything Central Heating, LPG.

Gas Safe registered.

Call Dee for free advice and quotation

07854 494187 or 01792 371680 or check out

[www.greenhomewales.co.uk](http://www.greenhomewales.co.uk)

### OVER THE RAINBOW

Cardigan Bay - Vegetarian Guest House  
Licensed for Civil Partnerships

18thC Georgian mansion, a haven of rural seclusion in beautiful west Wales only 3 miles from the sea. Ideal venue for small group holidays, residential courses and workshops.

Sumptuous, centrally heated bedrooms. Guest lounge and library, log fire, games, maps/local walking guides.

[www.overtherainbowwales.co.uk](http://www.overtherainbowwales.co.uk)

email [info@overtherainbowwales.co.uk](mailto:info@overtherainbowwales.co.uk)

Tel 01239 811155



**Mountain View B&B and self-catering.** Near the Afan Forest Park. For those who love dirt, mud, danger, excitement and adventure. Our comfortable, modern, Welsh/American B&B and Self-catering houses are perfect for mountain bikers, walkers and beachgoers. Half an hour from Cardiff, 7 miles from Swansea and a five-minute walk to food and drink.

See the website and try us - you'll like us!

Eli and Lisa 01639 779141

[mountainviewbandbplus.co.uk](http://mountainviewbandbplus.co.uk)



### LGBT Excellence Centre, Wales

Unleashing Wales' Potential -  
Empowering communities to flourish

Lots of useful information for employers and LGBT people. New newsletter that you can subscribe to.

Website: [www.ecwales.org.uk](http://www.ecwales.org.uk) or call the helpline on 0800 023 2201

### New lesbian film

Look out for *The Kids are All Right*, starring Julianne Moore and Annette Bening as a lesbian couple whose children want their biological father to join the family. It's already won an award at the Berlin film festival and has been feted for presenting a lesbian-led household as perfectly normal and unremarkable.

### Stonewall website

The Stonewall website is a mine of information on their many campaigns and on rights and advice. If you're websurfing, check it out. It's full of useful stuff including a new publication offering advice for employers of bisexual people.

[www.stonewallcymru.org.uk](http://www.stonewallcymru.org.uk)

### Stop Press: Carol Ann Duffy in Cardiff

Poet Laureate Carol Ann Duffy will appear with Gillian Clarke, the National Poet of Wales, on Saturday 20 March in Cardiff. They'll discuss their work and their roles. The event is run by Academi. It'll be held at 12.30 in St David's Hotel at the bay. Tickets are £9 and numbers are limited, so if you're interested call 02920 472266 or email [post@academi.org](mailto:post@academi.org)

### COUNSELLING & PSYCHOTHERAPY

Anna Morelle-Grey

MBACP, CDD Registered Counsellor,  
Dip. Therapeutic Counselling

- o ANXIETY
- o DEPRESSION
- o LGBT ISSUES
- o RELATIONSHIPS
- o GRIEF
- o ABUSE
- o TRAUMA
- o LIFE-CHANGES
- o SELF-ESTEEM



Clearview  
Cardiff & Swansea

Tel:  
07766 904596

Email:  
[anna@clearviewtherapy.co.uk](mailto:anna@clearviewtherapy.co.uk)

Website:  
[www.clearviewtherapy.co.uk](http://www.clearviewtherapy.co.uk)

bacp

Counselling

Check out our website: [www.womenzonewales.co.uk](http://www.womenzonewales.co.uk)

## Contacts

### SWANSEA WOMEN'S CENTRE

25 Mansel Street,  
Swansea SA1 5SQ

Information, Resource and Drop-in Centre, Courses, groups, library and internet facilities.

Rooms can be booked.

Contact **01792 411119** or email

[contact@smwrwc.org.uk](mailto:contact@smwrwc.org.uk)

### SPLAG

Families and Friends Support Group: **0845 652 0321** and **0845 652 0322**

### KENRIC

UK-wide lesbian organisation with local groups. Newsletter, social events, information. Members only.

**BM Kenric, London WC1N 3XX**  
[www.kenric.org.uk](http://www.kenric.org.uk)

### LESBIAN & GAY CHRISTIAN MOVEMENT

Twice-monthly meetings in South Wales, open to lesbian and gay Christians and their friends. **Sara 02920 480420**

### LIBERTAS!

Lesbian books and publications. Mail order, plain brown envelopes.

[www.libertas.co.uk](http://www.libertas.co.uk)

### LGBT CYMRU HELPLINE

Telephone helpline covering the whole of Wales

Mondays + Wednesdays 7 - 9pm

Freephone **0800 0232201**

[www.lgbtcymruhelpline.org.uk](http://www.lgbtcymruhelpline.org.uk)

### MISSING LESBIANS

Useful website with good regularly updated listings for South Wales, Bristol and Bath areas.

[www.missinglesbians.co.uk](http://www.missinglesbians.co.uk)

### OLDER FEMINIST NETWORK is now WOMEN 4 WOMEN

See page 2

### STONEWALL CYMRU

[www.stonewallcymru.org.uk](http://www.stonewallcymru.org.uk)

### S.Y.G. NET

LGBT group for young people under 25. Weekly meetings in Swansea. **Chloe on 01792 477540** email

[sygnnet@ttht.org.uk](mailto:sygnnet@ttht.org.uk)

### TRIANGLE WALES

Housing support and info service for LGBT people.

Helpline **080 8801 0306**

**TUC HELPLINE** for Lesbian & Gay members, 9am-9pm 7 days per week offering support and advice for union members across Wales **01792 355119**

### VIVA LGB Service

Offers support to young LGBT people in the Rhyl area.

[www.rhylyouth.co.uk](http://www.rhylyouth.co.uk)

**Lynne 01745 351 293** or email

[lynne\\_wrypp@hotmail.com](mailto:lynne_wrypp@hotmail.com)

### WELSH WOMEN'S AID HELPLINE

Domestic violence hotline, available 24-7, bilingual. **08088 010800**

### WOMEN IN TUNE (WIT)

Annual Women's Music Festival plus events. WIT, Swn Y Ddol, Llanfair Clydogau, Lampeter, Ceredigion SA48 8LD.

Tel **01570 493288**.

Mobile: **07818 405674**

Email: [info@womenintune.co.uk](mailto:info@womenintune.co.uk)

## Look out for...

### *The Secret Diaries of Miss Anne Lister*

Anne Lister was a lesbian who lived with her lover in 19th century Yorkshire and kept coded diaries of her romantic exploits. It's been turned into a BBC 2 drama to be televised sometime in the next few months. Maxine Peake stars. Thanks to Sian for letting us know about it.

**THE NEXT ISSUE**, May/June 2010 will be published at the end of April. Final copy date for material for this issue is **14 April**. Email material to [womenzone@hotmail.co.uk](mailto:womenzone@hotmail.co.uk) (Rich Text Format (RTF) preferred), or send hard copy to **WomenZone** at Swansea Women's Centre.

### **EDITORIAL POLICY** *WomenZone*

welcomes contributions from lesbians and from groups/organisations which support lesbians. We reserve the right to edit pieces to fit (except for poetry which is published verbatim). If you don't want your piece to be edited, please make this clear. Pieces should be a maximum of 500 words. Material must include a name and contact details, though we will publish you anonymously if you wish. We reserve the right to use our judgment when deciding what is appropriate for publication. Views expressed in the pages of **WomenZone** do not necessarily represent those of the **WomenZone** team.



### Thank you, from Dee...

I'd like to thank all the fabulous women who came to the Aquarian Party to help celebrate my 50th birthday in February. It was wonderful to see so many enjoying the ceilidh. Many of you brought gifts and cards and I wasn't able to open everything and read them all on the night, or say personal thank-yous to. So thank you all for making it such a special occasion - and I hope to say thank you individually to everyone over the rest of the year.

Dee

Several people have asked for a photo of the cake, so here it is: more than 50 slightly wonky naked women and a firework on top! Thanks to Caroline, whose cake for Dee's 40th birthday inspired this one, and to the women who helped assemble it in the parish hall on the night.

## DIARY DATES

Date	Day	Time	Activity	Location	Contact
<b>MARCH</b>					
4 Mar	Thur	7.30pm	Pontypridd Cafe Night	Tumble Inn	
5 Mar	Fri		LGCM	Cross Hands	
5 Mar	Fri		Femme Fatale club nite	Cardiff	
6 Mar	Sat	noon	Million Women Rise March	London	
6 Mar	Sat	3pm	W4W Breath workshop	Quaker Meeting House, Cardiff	
6 Mar	Sat	2pm	Women Create	Pontardawe	01656 670018
6 Mar	Sat		Gay Outdoors Club	Railway walk	page 7
6 Mar	Sat	6pm	Films by women	Pontardawe	See page 4
7 Mar	Sun	11am	Cardiff Breakfast	Ernest Willows pub	
7 Mar	Sun	11am	Walking Women	Kenfig Burrows	
8 Mar	Mon		Women Inspiring Women	Bridgend	page 1
9 Mar	Tue	7.30pm	Swansea Cafe Night	Chatterry	01792 473276
10 Mar	Wed	6pm	Voice of Women in Wales	County Hall, Cardiff	
13 Mar	Sat	7pm	Women's Party for Women's Day	Swansea Old Museum	0752 8943833
13 Mar	Sat	10.30am	Women Friends	Swansea Old Museum	0752 8943833
14 Mar	Sun	6pm	LGCM: Mothering Sunday service	Llantwit Major	
17 Mar	Wed	7.30pm	Cardiff Cafe Night	Chapter Arts Centre	
17 Mar	Wed	noon	Daytime Dykes	Caerleon	
18 Mar	Thur	7pm	Wrecked social night	Aberystwyth	
19 Mar	Fri		LGCM: Lent meditation	Bridgend	
19 Mar	Fri	7.30pm	Whale Music	Townhill Theatre	01792 482 054
20 Mar	Sat	3pm	OFN: Women and politics	Penarth	
28 Mar	Sun		Gay Outdoors Club	Oxwich walk	page 7
<b>APRIL</b>					
1 Apr	Thur	7.30pm	Pontypridd Cafe Night	Tumble Inn	
3 Apr	Sat	3pm	Line Dancing to Mamma Mia	Quaker Meeting House, Cardiff	
4 Apr	Sun	11am	Cardiff Breakfast	Ernest Willows pub	
4 Apr	Sun	noon	Walking Women	Afan Argoed Country Park	
4 Apr	Sun		Gay Outdoors Club	Preseli Ridge walk	page 7
9 Apr	Fri		LGCM: experiences in Sierra Leone		
13 Apr	Tue	noon	Daytime Dykes: skittles	Cardiff	
13 Apr	Tue	7.30pm	Swansea Cafe Night	Chatterry	
15 Apr	Thu	7pm	Wrecked social night	Aberystwyth	
17 Apr	Sat	3pm	OFN: Women and climate change	Swansea	
21 Apr	Wed	7.30pm	Cardiff Cafe Night	Chapter Arts Centre	
23 Apr	Fri		LGCM: Easter Communion	Newport	
24 Apr	Sat	8pm	Linda's Birthday Ceilidh	County Hall, Cardiff	
<b>MAY</b>					
1 May	Sat	3pm	W4W 17th Birthday Party	Quaker Meeting House, Cardiff	
2 May	Sun	11am	Cardiff Breakfast	Ernest Willows pub	
2 May	Sun	11am	Walking Women	Sgwd yr Eira Waterfall	